

ABSTRACT OF THE DISCLOSURE

A disk unit has a function of loading a head on a disk from a holding mechanism during a load operation and unloading the head from the disk
5 during an unload operation. The disk unit includes a controller which controls a movement of the head so that the loading operation and the unloading operation are carried out in a specific region on the disk, and the specific region extends for an
10 angular range smaller than 360° . Alternatively, the controller controls the movement of the head so that the loading operation and the unloading operation are carried out uniformly in a circumferential direction of the disk within a
15 specific region on the disk.

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